

Nutrition Policy and Environment Strategy Ratings

Strategies	Community Guide Rating	First Tier Effective	Second Tier Effective	Promising	Emerging	Subcommittee Feedback	Number of Studies	Number of Effects or Associations
Childcare Food and Beverage Policies			X			Good evidence, strongly recommended (all members)	10	<u>Total: 59</u> -Effects: 48 (28 net positive, 10 net negative, 10 neutral) -Associations: 11 (7 positive, 0 negative, 4 neutral)
School Food and Beverage Policies	Insufficient Evidence : School-based programs promoting nutrition and physical activity		X			Good evidence, recommended (all members)	42	<u>Total: 335</u> -Effects: 232 effects (155 net positive, 22 net negative, 55 neutral) -Associations: 103 (77 positive, 8 negative, 18 neutral)
Food Pricing			X			Good evidence (1 member) Undetermined (3 members)	14	<u>Total: 70</u> -Effects: 26 (15 net positive, 2 net negative, 9 neutral) -Associations: 33 (27 positive, 0 negative, 6 neutral)
Government Nutrition Assistance			X			Good evidence (2 members) Undetermined (2 members)	10	<u>Total: 70</u> -Effects: 24 (14 net positive, 2 net negative, 8 neutral) -Associations: 46 (16 positive, 17 negative, 13 neutral)
School Wellness Policies				X		Some evidence (all members)	5	<u>Total: 10</u> -Effects: 10 (3 net positive, 0 net negative, 7 neutral) -Associations: 0 (0 positive, 0 negative, 0 neutral)
School and Community Gardens				X		Some evidence (1 member)	8	<u>Total: 18</u> -Effects: 18 (14 net positive, 0 net negative, 4 neutral) -Associations: 0 (0 positive, 0 negative, 0 neutral)

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Menu Labeling					X	Some evidence (1 member) Little evidence (2 members)	6	<u>Total: 32</u> -Effects: 30 (8 net positive, 4 net negative, 18 neutral) -Associations: 2 (2 positive, 0 negative, 0 neutral)
Neighborhood Availability of Food Stores					X	Little evidence (all members)	18	<u>Total: 57</u> -Effects: 6 (3 net positive, 0 net negative, 3 neutral) -Associations: 51 (36 positive, 1 negative, 14 neutral)
Neighborhood Availability of Restaurants					X	Little evidence (all members)	11	<u>Total: 55</u> -Effects: 0 (0 positive, 0 negative, 0 neutral) -Associations: 55 (24 positive, 7 negative, 24 neutral)
Neighborhood Availability of Food Stores and Restaurants					X	Little evidence (all members)	9	<u>Total: 41</u> -Effects: 3 (0 net positive, 0 net negative, 3 neutral) -Associations: 38 (26 positive, 9 negative, 3 neutral)
Provision of Free or Subscription Fruits and Vegetables at School					X	Little evidence (all members)	14	<u>Total: 76</u> -Effects: 71 (49 net positive, 5 net negative, 17 neutral) -Associations: 5 (3 positive, 0 negative, 2 neutral)
Provision of Drinking Water at School					X	Little evidence (all members)	5	<u>Total: 37</u> -Effects: 31 (19 net positive, 0 net negative, 12 neutral) -Associations: 6 (6 positive, 0 negative, 0 neutral)
Point of Purchase Prompts					X	Little evidence (1 member)	7	<u>Total: 22</u> -Effects: 22 (16 net positive, 0 net negative, 6 neutral) -Associations: 0 (0 positive, 0 negative, 0 neutral)

Physical Activity Policy and Environment Strategy Ratings

Strategies	Community Guide Rating	First Tier Effective	Second Tier Effective	Promising	Emerging	Subcommittee Feedback	Number of Studies	Number of Effects or Associations
Community Design	<u>Recommended Community-scale urban design and land use policies</u>	X				Good evidence, strongly recommended (2 members)	103	<u>Total: 387</u> -Effects: 5 (0 positive, 2 negative, 3 neutral) -Associations: 382 (315 positive, 21 negative, 46 neutral)
School Physical Activity & Environment	<u>Recommended Enhanced school-based physical education</u>	X				School-based PE – good evidence PA policy – good evidence PA environments – little evidence (all)	61	<u>Total: 325</u> -Effects: 276 (162 net positive, 11 net negative, 103 neutral) -Associations: 49 (32 positive, 2 negative, 15 neutral)
Street Design	<u>Recommended Street-scale urban design and land use policies</u>	X				Good evidence (all members)	81	<u>Total: 224</u> -Effects: 8 (8 net positive, 0 net negative, 0 neutral) -Associations: 216 (174 positive, 3 negative, 39 neutral)
Availability of Parks and Recreation Facilities	<u>Recommended Creation of or enhanced access to places for physical activity combined with informational outreach activities</u>	X				Good evidence for PA Little evidence for obesity (all members)	98	<u>Total: 318</u> -Effects: 40 (28 net positive, 6 net negative, 6 neutral) -Associations: 277 (220 positive, 18 negative, 39 neutral)
Point of Decision Prompts	<u>Recommended: Point-of-decision prompts to encourage use of stairs</u>	X				Good evidence for stair use Little evidence for PA and obesity (all)	7	<u>Total: 48</u> -Effects: 0 (0 net positive, 0 net negative, 0 neutral) -Associations: 48 (35 positive, 4 negative, 9 neutral)
Transportation	<u>Insufficient Evidence Transportation and travel policies and practices</u>		X			Good evidence for PA Little evidence for obesity (all)	16	<u>Total: 28</u> -Effects: 1 (1 net positive, 0 net negative, 0 neutral) -Associations: 27 (25 positive, 2 negative, 0 neutral)

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Childcare Physical Activity			X			Good evidence (3 members)	14	<u>Total: 51</u> -Effects: 43 (35 net positive, 1 net negative, 7 neutral) -Associations: 8 (8 positive, 0 negative, 0 neutral)
Safe Routes to School				X		Some evidence (3 members) Little evidence (1 member)	12	<u>Total: 54</u> -Effects: 13 (8 net positive, 2 net negative, 3 neutral) -Associations: 41 (37 positive, 2 negative, 2 neutral)
Traffic Safety				X		(Rated by staff)	36	<u>Total: 103</u> -Effects: 7 (6 net positive, 0 net negative, 1 neutral) -Associations: 96 (68 positive, 13 negative, 15 neutral)
Interpersonal Safety				X		(Rated by staff)	62	<u>Total: 171</u> -Effects: 0 (0 net positive, 0 net negative, 0 neutral) -Associations: 171 (116 positive, 19 negative, 36 neutral)
Screen Time	(Not Policy or Environment) Recommended <u>Behavioral interventions to reduce screen time</u> Insufficient Evidence <u>Mass media interventions to reduce screen time</u>				X	Little evidence (all members)	1	<u>Total: 1</u> -Effects: 1 (1 net positive, 0 net negative, 0 neutral) -Associations: 0 (0 positive, 0 negative, 0 neutral)
School Wellness					X	Little evidence (3 members)	5	<u>Total: 15</u> -Effects: 14 (6 net positive, 2 net negative, 6 neutral) -Associations: 1 (1 positive, 0 negative, 0 neutral)